WALT DISNEY WORLD

Little Ones *Planning Guide*

Your on the go guide to magical days with babies & toddlers under 3

START HERE ›

PLANNED WITH CARE BY YOUR **PPV ADVISOR**

WELCOME TO PLANNING

Planning for *Little Ones*

Your first Disney trip with a baby or toddler is a different kind of magic. Keep this guide on your phone for quick answers before and during your trip.

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01

CHAPTER 1

The *Basics*

What is different for babies and toddlers under 3.

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01 START HERE

Your Planning *Timeline*

01

RIGHT AFTER YOU BOOK

Learn the Basics & Reserve Your Stroller

Read How Disney Works and Your Vacation Stroller. Then reach out so we can reserve a stroller for your whole trip, delivered right to your resort. We will also request a crib or Pack 'n Play for your room.

Pages 5 & 11

02

TWO WEEKS BEFORE YOU TRAVEL

Plan Around Naps & Pack Your Bag

Decide on resort naps, stroller naps, or a mix of both. Pack the baby bag, including ear protection for fireworks and shows, and plan your travel day: formula and baby food at security, and car seats.

Pages 6 & 16

03

WHEN YOU ARRIVE AT EACH PARK

Find the Baby Care Center

Note where the Baby Care Center is before you need it, and take a photo of your little one every morning before you leave your room.

Pages 8 & 17

04

IN THE PARKS

Use Rider Switch for the Bigger Rides

Ask for Rider Switch at the ride entrance before anyone gets in line, so the grown ups and big kids can ride while your little one waits with a parent.

Page 14



Plan a midday nap:
Head back to your resort after lunch. A rested baby enjoys the evening far more than a tired one does after one more ride.

Tap any red link in this guide to open Disney's official page. Disney updates its services often, so always check Disney's website for the latest details.

01 UNDER 3 AT WALT DISNEY WORLD

How Disney *Works*

Little ones get a lot of the magic for free. Here is what changes when someone in your party is under 3.

TICKETS

No Park Ticket Needed

Children under 3 enter the parks free. Simply tell the cast member at the park entrance.

LIGHTNING LANE

None Needed

Children under 3 do not need their own Lightning Lane. They come along with you through the Lightning Lane entrance.

RIDES

Riding Along

Little ones can ride any attraction without a height requirement, on your lap, beside you, or in a front carrier.

YOUR ROOM

Cribs & Pack 'n Plays

Free at every Disney resort, in limited numbers. We request yours when we book, and you can confirm at check in.

Turning 3 on Your Trip?

With a Disney vacation package, your child's age is based on the first day of your package. A little one who turns 3 during your stay is still under 3 for the whole trip.

Cribs & Playpens

DISNEY'S PAGE ›

01 SNACKS, SECURITY & CAR SEATS

Food & *Getting Around*

Bring Your Own Food

Formula, milk, snacks, and baby food are welcome in the parks. Glass is not allowed, except small containers like baby food jars.

At the Airport

Formula, breast milk, and baby food can go through security in amounts over 3.4 ounces. Let TSA know at the checkpoint and take them out of your bag for screening.

Car *Seats*

- **Disney transportation:** buses, the monorail, the Skyliner, and boats do not use car seats.
- **Minnie Vans:** rides include car seats.
- **To and from the airport:** we work with a private transfer company that provides car seats and boosters.

Let us set up your transfer:
We are happy to arrange your airport transfer for you, so the right seats are ready when you land.

02

CHAPTER 2

Baby *Care*

Free in every theme park and open during park hours.

Baby Care Centers 8

Feeding & Changing 9

02 FIND IT BEFORE YOU NEED IT

Baby Care *Centers*

Every theme park has one, and they are free. Note where it is when you arrive.

Magic Kingdom
Near the end of Main Street, U.S.A., between Casey's Corner and The Crystal Palace.

EPCOT
Inside the Odyssey building, on the walkway between Test Track and the Mexico pavilion.

Hollywood Studios
On the left, just inside the main entrance, near Guest Relations.

Animal Kingdom
On Discovery Island, on the left side of the walkway just before the bridge to Africa.

Baby Care Centers DISNEY'S PAGE ›

Strollers park outside, and First Aid is close by.

02 WHAT YOU WILL FIND INSIDE

Feeding & *Changing*

Room for Everything

- Private nursing room with chairs
- Changing room with tables
- Feeding area with high chairs
- Kitchenette with a microwave & sink

Forgot Something?

Each center sells diapers, wipes, formula, baby food, sunscreen, over the counter medications, and clothing.

Feeding *on the Go*

Nurse Anywhere

Florida law protects nursing in any public place. Seated indoor shows and slow rides like "it's a small world" also make cool, quiet spots to feed.

Pumping & Milk

Nursing rooms have outlets for pumps. Centers do not store milk, but quick service restaurants give free ice, and every resort room has a fridge.

03

CHAPTER 3

Your *Stroller*

Rented for your whole trip and delivered right to your resort.

Your Vacation Stroller 11

Getting Around With a Stroller 12

03 OUR RECOMMENDATION

Your Vacation *Stroller*

Rent for Your Entire Vacation:
We recommend renting a stroller for your whole stay through one of our trusted suppliers. Drop off and pick up happen right at your resort, so you have it on Disney transportation, in every park, and back at the pool. When your trip is over, it goes back from your resort, and you fly home lighter. **Please reach out to us and we will set it up for you.**

Why It Is *Worth It*

With You Everywhere
A park rental cannot leave the park where you rented it. A vacation rental goes with you on every bus, boat, and monorail, with no rental line each morning.

Our Preferred Suppliers
Choose a single or double. Our suppliers are listed in your *Practically and Perfectly Planned* workbook.

Wagons Are Not Allowed
Disney does not allow wagons or stroller wagons in the parks, even when pushed. Strollers can be no larger than 31 inches wide and 52 inches long.

03 BUSES, MONORAIL, SKYLINER & BOATS

Getting *Around*

Your stroller rides along on Disney transportation. Here is what to expect on each.

Buses

Take your little one out and fold the stroller before boarding, then keep it out of the aisle.

Monorail

Roll right on, lifting the front wheels slightly at the platform. When it is crowded, a cast member may ask you to fold it.

Skyliner

A single stroller rolls right into the cabin. Side by side double strollers almost always need to be folded.

Boats

Ferries and the larger FriendShip Boats let you roll on. Smaller boats and water taxis mean stepping down, so fold first.

Disney changes its services and policies often. Always check Disney's website.

04

CHAPTER 4

Rider *Switch*

Often called Rider Swap: everyone rides, no one waits twice.

How Rider Switch Works 14

04 EVERYONE RIDES

Rider *Switch*

Your little one can ride any attraction without a height requirement. For the rest, Rider Switch lets the grown ups take turns without waiting in the standby line twice. It is free, and you do not need to book it ahead.

How It *Works*

1. **Ask at the entrance.** Bring the whole group to the ride entrance, including your little one, and ask the cast member for Rider Switch.
2. **The first group rides.** One group gets in line and rides. The cast member scans the waiting group's tickets and shows them where to return.
3. **Switch & ride.** Up to two people from the waiting group ride next through the Rider Switch entrance, without the standby line.

Everyone Must Be There

The cast member needs to see the whole party, including your little one, when you set it up.

Only One Adult Waiting?

Someone from the first group can ride again with the waiting adult, so no one has to ride alone.

SAY THIS AT THE RIDE ENTRANCE

"We have a little one who will not be riding. May we use Rider Switch?"

Ride heights and rides with no height requirement are listed by park in your *Practically and Perfectly Planned* workbook.

05

CHAPTER 5

Ready to *Go*

Naps, your baby bag, and little milestones.

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Little Milestones 17

05 TWO WEEKS BEFORE YOU TRAVEL

Naps & Your *Baby Bag*

The *Nap Plan*

Resort Naps

Head back after lunch for a nap and a swim. Swim diapers are required in the pools.

Stroller Naps

A sun shade and a clip on fan help, and the Baby Care Center is there for a quiet feeding.

Pack Your *Baby Bag*

Must Haves

- Diapers and wipes, with extras
- A change of clothes
- Formula or milk, bottles, and snacks
- Sunscreen and a hat
- Any medications

Comfort Kit

- A favorite lovey
- A small toy for lines
- Baby ear muffs for fireworks and loud shows
- A light blanket for air conditioning

05 MAKE IT MEMORABLE

Little *Milestones*

Baby's First Haircut

Harmony Barber Shop on Main Street, U.S.A. offers a First Haircut package with a certificate, a lock of hair, and Mickey ears. Book up to 60 days ahead in the app.

1st Visit Button

Ask for a free celebration button at Guest Relations or any shop. Cast members love to make a fuss over a first visit.

Staying together:
Snap a photo of your little one each morning so you know exactly what they are wearing. If you are ever separated, find the nearest cast member right away.

Disney changes its services, attractions, and policies often. This guide reflects Disney's published guidance as of November 2026. Always check Disney's website before you go.